

## Time, acupoints, space A novel clinical application of Ling gui ba fa and Fei teng ba fa

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“Ling gui ba fa” and “Fei teng ba fa” are two acupuncture methods belonging to the “qi jing na qua fa” tradition and they are constituent of the link between the curious meridians method and the classical trigrams.

These two methods are using the 8 extraordinary vessels and their 8 crossing-points, In association with :

*Luo shu* and the 8 classical trigrams of later heaven for *Ling gui ba fa*

*He tu* and the 8 classical trigrams of early heaven for *Fei teng ba fa*.

*Ling gui ba fa* has a 60 days cycle when the 8 crossing acupoints are opened,

*Fei teng ba fa* has a 5 days cycle.

*Luo shu* and the 8 classical diagrams of later heaven and *he tu* and the 8 classical diagrams of early heaven are constituent of spatial and temporal, two referential systems.

The two methods *Ling gui ba fa* and *Fei teng ba fa* have many aspects in common but they could still differ a lot.

In the following presentation, I shall firstly develop my point of view regarding *shie xue* function (acupoint sensible to timing) and focus on the “memory” function of *shie xue*.

Secondly, I shall present a research study about the function of *shie xue* over the extraordinary meridians 8 crossing points within *Ling gui ba fa* and *Fei teng ba fa*.

Finally, I shall develop the manner to associate *Shi xue* and the acu-points spatiality in the clinical practice.

Converging *shi xue* , acupoint sensible to timing and the *Kong jan xue wei* acu-points linked to spatiality is a practice belonging to the original tradition of both methods.

In practice, I have obtained significant results such as :

- “qi” feeling is quick and varied
- an immediate improvement of the patient ‘s condition could be obtained
- self-healing capacity has been enhanced more rapidly thus reducing the length of the pathology
- improvement could be obtained locally, globally or for both
- improvements last in the long term
- improvements occur in the case of complex and difficult diseases previously unsuccessfully cured with other methods
- efficient when used as a preventive therapy
- could be used when practicing massage and dao yin as it increases these practices effectiveness

**The workshop “connecting acupoints, timing and spatiality and the Ling gui ba fa and Fei teng ba fa methods” will propose the following :**

- How to use the three wheels

Ling gui ba fa wheel

Fei teng ba fa wheel

The 100 years wheel to find the *gan zhi*

These three wheels are helpful to easily find the *she xue* over a span of 100 years (from 1920 to 2020)

- How to use two charts (ling gui jiu gong, the 9 ling gui and fei teng ba kou stems , the 8 fei teng .... ) to facilitate the converging between the acu-points sites and *shie xue* point and the puncture order.

- The study of a few clinical cases to explain how to choose and use *shi xue* multiple aspects when practicing.

- The study of clinical cases to explain how the 2 methods may differ and how to choose between these two methods